



## Cosmetic Dental Questions Ask Dr. Bader:



*I would like to restore my worn front teeth. Is that complicated?*

Very worn teeth are usually a result of grinding or bruxism.

Often that is accompanied by headaches and TMJ pain symptoms. See my article in the May issue of *Newton Magazine* for more information. Worn teeth can be restored with porcelain veneers, but only if the underlying cause of the wear is addressed. Neuromuscular Dentistry specifically addresses the health of your bite and muscles to reduce grinding and allow beautiful restoration of worn teeth. Veneers will be prone to fracture otherwise. My training at the Las Vegas Institute (LVI) focused on treating worn teeth for patients with bite problems. This is a complicated issue that benefits from an experienced NEUROMUSCULAR Cosmetic Dentist.

email your questions for future columns to:  
[drbader@ultimateaesthetics.com](mailto:drbader@ultimateaesthetics.com)

### *Ultimate Aesthetics* **Steve Bader, DMD**

Advanced Cosmetic Dentistry  
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**Dear Dr. Bader:**  
*What is a Porcelain Veneer? How long does it take to have veneers made?*

**Porcelain Veneers** are ultra thin, custom made facings that can be bonded to your front or back teeth. They are great for changing the appearance of teeth with large discolored fillings, closing gaps between teeth, straightening crowded teeth, or just changing the color of very dark teeth. My website has great **before and after photos of beautiful porcelain veneers**. The best veneers can be so lifelike that only you will ever know you have them! My training at the **Las Vegas Institute** included 3 programs with real patients using the latest methods and materials for **magnificent porcelain veneers**. Once the patient reviews digital and wax simulations of their perfect smile, veneers can be completed in 2 visits. Many of my patients choose **Oral Conscious Sedation** for maximum comfort during their veneer placement. We also offer DVD movie glasses, massage chairs and paraffin hand wax to help you relax.

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## Cosmetic Dental Questions Ask Dr. Bader:

**Dear Dr. Bader:**  
*I am finally ready for a Smile Makeover. How do I choose a Cosmetic Dentist? Are they all the same?*



Since there is no real specialty in Cosmetic Dentistry, it is important to do some research. **Training and experience** are critical. Very few Cosmetic Dentists have

**hands on training** where they treat real patients with the latest techniques. Cosmetic Dentistry cannot be learned in a lecture. The **Las Vegas Institute (LVI)** is one of the top hands on training programs for cosmetic dentistry. Their programs allow the dentist to solve problems from very simple to the most complicated. I have completed every program available at LVI in Cosmetic Dentistry and aesthetic bite reconstruction. **Before and after photographs** of beautiful smiles are one good way to judge experience. Be sure the photographs are the dentist's actual patients! My website has some great examples of close up photos showing porcelain veneers and bonding for front and back teeth.

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